

Our Lady of Perpetual Succour

Catholic Parish Toukley/Lake Munmorah

St Mary's Church 458 Main Rd Noraville

St Brendan's Mass Centre 29 Carters Rd Lake Munmorah



Vision

To be A Vibrant Eucharistic Community

Pastoral Team

Parish Priest

Fr. Tomy Kuruvelil Ouseph CFIC

Phone: 4396 4455

Email: tomycfic@yahoo.co.in

Assistant Priest

Fr. Baby Thomas CFIC

Phone: 0400 568 491

Email: baby.thomas@bbcatholic.org.au

Augustinian Sisters of Our Lady of Consolation - Convent

11 Pandora Pde Noraville 4396 9128

Sr. Josefa Mabini OSA

Sr. Jennifer Canillas OSA

Parish Office Hours

9am to 2pm Mon To Fri

Ph 4396 4455

458 Main Rd Noraville NSW 2263

Mail PO Box 1 Toukley NSW 2263

Email toukleyparish@bbcatholic.org.au

Website www.bbcatholic.org.au/toukley

Facebook: Toukley-Lake Munmorah Parish

Parish Secretary: Sarah-Jane Rosen

Office Assistant: Rachele McConnon

Catechist Coordinator

Sr. Josefa Mabini PH: 0402480933

Sacramental Coordinators

Sr. Jennifer Canillas PH: 0435 788 759

Cath Cefai PH: 0418 836 512

Sunday Parish Bus Service

Mrs Joan Haslam 4392 6892

Parish Schools

St Mary's

Principal Ms Emma Sellars 7256 2143

St Brendan's

Principal Ms Charlene Reid 7256 2127

St Brigid's College

Principal Mr Adam Murdoch 7256 2122

SIXTEENTH SUNDAY IN ORDINARY TIME

YEAR B

21st July, 2024



Jesus the compassionate Shepherd

Today's Gospel describes the return of the twelve Apostles after their missionary journey. Jesus invites them to come to a lonely place to take some rest. But this rest is very short because of the crowds coming there to listen to the precious words of Jesus and to be healed by Him. Jesus is very much moved with compassion for them and expresses His anguish by saying: 'They are like sheep without a shepherd'.

This incident reminds us that even in our most busy days of relentless activities, we need to take adequate rest in the presence of the Lord. It can be any place of our choice: In the quietness of the Chapel, where the Lord is sacramentally present or it can be a corner of our room or in the garden, where we can quietly listen to the comforting and soothing words of the loving compassionate Shepherd.

When we listen to the Lord, we are able to discover deep within us a new source of strength and energy. As we experience the love and care of the Good Shepherd, we in turn are invited to make use of this gift to care for and to be compassionate to others in need. Those who encountered Christ, especially the Apostles and saints had an anchor in their lives. That anchor is the care and concern of the Good Shepherd. Let us emulate their example in our own lives. Biblical Resource says: "While there is always more to be done, we have to choose how to use our time". Jesus said to His disciples: 'Come to me, all you who labour and are overburdened, and I will give to rest. Learn from me, for I am gentle and humble of heart, and you will find rest for your souls'. May the Good Shepherd bless you all and may you find time to listen to the Lord and be blessed by Him and in turn be a blessing to others who are in need.

WEEKEND MASS TIMES

St Mary's Church Toukley

Saturday: Vigil 6:00pm Fr Tomy
Sunday: 7:30am Fr Tomy
9:00am Fr Tomy
6:00pm Fr Baby
Children's Liturgy 1st & 3rd Sunday at 9:00am
Mass (except school holidays)

St Brendan's Church Lake Munmorah

Saturday: Vigil 5:00pm Fr Baby
Sunday: 8:00am Fr Baby

WEEKDAY MASS TIMES

St Mary's Church Toukley

Monday 9:00 am
Tuesday 9:00 am
Wednesday 9:00 am
Thursday 9:00 am (Ordinariate of Our Lady of
the Southern Cross)
Friday 9:15am (Except 1st Friday of Month)

First Friday of Month Anointing of Sick

11:00am

Saturday 9:00 am

St Brendan's Church Lake Munmorah

Wednesday 9:00am

First Wednesday of Month Anointing of Sick

Thursday 9:00am

EXPOSITION BLESSED SACRAMENT

St Mary's Church Toukley

Each Saturday – After Morning Mass

SACRAMENT OF RECONCILIATION

St Mary's Toukley

Saturday 9:30am -10:00am (by appointment at
other times)

St Brendan's Lake Munmorah

Saturday 4:30 -5:00pm

MORNING PRAYER OF THE CHURCH

St Mary's Toukley

8:20 am Monday to Thursday & Saturday
8:45 am Friday

First Friday Night Vigil

Exposition after 7pm Mass until 12.30am

Children's Liturgy (currently paused)



Welcome to our Parish. Today we celebrate the **Sixteenth Sunday in Ordinary Time, Year B.** We welcome you to our Church & are pleased to see you here.



Upcoming Parish events - Save the Date:

Fri 26th July: Bishop Anthony's visit to Parish

Fri 26th July: Grandparent's Day Mass 9am St Brendan's

Thurs 15th Aug: Assumption Mass 6pm St Mary's

Peter's Pence Appeal -Thank you so much for your generous support to this worthy cause. \$431 was raised.

Bishop Anthony's Pastoral Visit to Toukley-Lake Munmorah Parish -

July 26th Fri: Visit to schools

4:00pm: Combined meeting with PFC and PPC

5.30pm: Dinner

7.30pm: Meeting with St Joseph's Men's Ministry

July 27th Sat:

9:00am: Mass at St Mary's & Anointing

10.30am: Meeting with Catechists & Sacramental Team

11.30am: Visit to the sick

5:00pm: Mass at St Brendan's & evening tea or coffee

July 28th Sun:

7.30 & 9:00am: Mass at St Mary's

11:00am: Baptisms

12.30pm: Lunch with the Sisters

2.30pm: Meeting with the Priests

3.30pm: Departure



We encourage all Parishioners to attend Mass during Bishop Anthony's visit to the Parish. It would be wonderful for Bishop Anthony to witness the strong Parish community we share here at Toukley-Lake Munmorah. If you could please bring a plate to share for morning tea after 9am Mass, it would be appreciated.

Saturday 27th July 9am St Mary's Mass & Anointing By Most Rev. Bishop Anthony - Please attend this morning Mass. There is anointing during Mass so anyone in need please join us.

Catholic Women's League - An invitation to all ladies of the Parish to the monthly meeting on **Mon 22nd July at 10am** in the Parish Centre. Come & make new friends & make a difference.

Rosters for St Brendan's Church Aug to Oct - Rosters are being prepared for the period Aug-Oct. We are looking for Volunteers for all ministries. Training is provided, please consider joining these worthwhile ministries & add your name to the sheets at the rear of the Church.

Pope Announces Theme for World Day for Grandparents & the Elderly 2024 - Pope Francis has announced the theme for this year's World Day for Grandparents & the Elderly on 28 July will be "Do not Cast Me off In My Old Age" cf. Ps 71:9. We pray for all grandparents for their love, hard work & friendship in family life.



THE GARAGE SERVICE CENTRE
at BP Lake Munmorah
4358 1302

ALL MECHANICAL & ELECTRICAL REPAIRS incl...

Pink Slips • Wheel Balance & Alignment • Logbook Service • Brakes etc.

335 Pacific Hwy Lake Munmorah 2259

ABN 38 1358 79515

MVRL 56148

CHARMHAVEN
ARPETS
ABN: 43 960 345 590

DOUG CASHIN

Unit 4, 11-13 Arizona Road, Charmhaven 2263

Ph: (02) 4393 2443

Email: charmhaven@internode.on.net



Sacrament of Confirmation - The Sacramental Preparation classes commenced last week. Please include in your prayers our candidates and their families in all the preparations needed. The rite of Confirmation will be on **17th Aug 11am at St. Mary's Church**. We encourage the families of the candidates to join us in our weekend Masses as there are special rites & prayers intended for your child/ren. Thank you from Sr Jennifer.

National Aboriginal & Torres Strait Islander Children's Day National Aboriginal & Torres Strait Islander Children's Day will be celebrated this year on Aug 4th. The day is an opportunity for all Australians to come together & celebrate Aboriginal & Torres Strait Islander children, & learn about the crucial impact that community, culture & family play in their lives. This year's theme is "Strong in Culture, Stronger Together" & emphasis on the need to work together as a community.

Holy Communion and Pastoral Care at Wyong Hospital

We have Holy Communion available on Sundays as well as most weekdays, and seek names of parishioners who might appreciate this or other pastoral care services, alongside the medical care typical of today. If you become aware of parishioners attending hospital, please pass on my details so that timely pastoral care can be arranged. Br. John Verhoeven, Mob: 0427 255 804
Please note, Gosford Hospital has similar services.



St Joseph Men's BBQ - Fri 26th July 7.30pm with Bishop Anthony

The St Josephs Men's gathering will begin with a BBQ and refreshments followed by a meeting. All men over 18 are invited to the evening to share a meal and engage in discussion, camaraderie and personal growth. We are very fortunate to have Bishop Anthony attending this meeting and it would be wonderful for as many men of all ages to attend.

Elder Abuse Awareness - World Elder Abuse Day was on 15 June 2024, and was a day for communities to come together to raise awareness about the abuse, neglect, and exploitation that older person's face. Although the date has passed this does not mean that we cannot continue to be active in advocating for awareness and promoting this in parishes.

Sea Sunday - Stella Maris is the official maritime welfare agency of the Catholic Church. In 1922, Pope Pius XI approved the first constitution of the movement, known as Apostleship of the Sea. Stella Maris now operates in over 300 ports across the world. Sea Sunday is a time for everyone to pray for seafarers and fishers, and give thanks to them for what they do in our lives.

Please pray for those who have died and those who are sick



Recently Deceased Susan Simmons, Bishop Kevin M Manning DD, John Barry Chaffer, Ann Buckman, Lindsay Howe & Bob Hunter

Anniversaries: Marian Gorman, Doris Casar, Joseph Vella, Fr. Alex Scriberras, Norma Gallear, Eileen Sykes, John Sullivan, Doug Harris, Nano Podjursky, Alf Vickers, Lorna Gordon, Catherine Cahill, Mary Kulmar & William Henry Baker

Remembrances: Yook Chee Ng, Diane Booth, Stephens Cappa, Ingrid Hamer, Crysterline Hamer, Richard & Margie Hamer, Georgina Baker, Valmai Joseph & Stark Family, Wendy Woodhouse & Carol Brown

Please Pray for the Sick - Elaine Scrivener, Brigido Mabini, John Stuart, Stefano & Paolo Macchi, Ruben Fernandez V, Mia Lili Harries, Joanne Gravelle, Angie Newton, Shirley Dormer, Jenny Roy, Stephen Jeffrie, Jonah Langley, Paul Mizzi, George, Jim Rush, Finn McConnon, Sylvia Hudson, Cusick Family, Maree Campbell, Katherine Hoppett, Ann, Krissy & Craig Taylor, Tim Keogh, Patrick Hobson, Judy Kay, Marion Campbell, Wayne Stafford, Mark Wilson, Michelle Maroon, Mick G, Kylie Musgrave, Avis Sullivan, Brian Fletcher, Rhondda Rey, Christine Yousef, Florian Stoffel, Bev Jessop, Sandra Campbell, Mia, Robbie Depares, De-Anne Richards, Jackie Chaplin, Michael Casey, Koen Mackaway, Eva Cusick, Melissa, Margaret Connolly, Rita Cini, Baby Mia Lilli, Maria Butseties, Shirley Campbell, Josh. R, Robyn Brand, Denis Tansey, Miklos Beothy, Liz Kelman & Amanda O.

July Birthdays

Salome Cappa (1st July)
Jehezkiel Lambaran (1st July)
Christine Buckman (5th July)
Jan Vydiniotis (27th July)



Pope Francis' July Intention For the Pastoral Care of the Sick

We pray that the Sacrament of the Anointing of the Sick is conferred to those who receive it and their loved ones the power of the Lord and become ever more a visible sign of compassion and hope for all.

Mackay Family Funerals

In Association with Mackay Family Crematorium
A.B.N. 79 085 423 589
Head Office: 249 Pacific Highway West, Ourimbah 2258
PO Box 89 Ourimbah NSW 2258.
Phone: (02) 4362 2733 Fax: (02) 4362 2899



Volunteer Angels

Male & Female
Do you have a caring heart & time to become a friend to a lonely person in an Aged Care Facility
Please call Anne-Marie
4396 1555

First Reading Jeremiah 23:1-6

A reading from the prophet Jeremiah

The remnant of the flock I will gather to me, and bring them back to their pastures.

'Doom for the shepherds who allow the flock of my pasture to be destroyed and scattered - it is the Lord who speaks! This, therefore, is what the Lord, the God of Israel, says about the shepherds in charge of my people: You have let my flock be scattered and go wandering and have not taken care of them. Right, I will take care of you for your misdeeds - it is the Lord who speaks! But the remnant of my flock I myself will gather from all the countries where I have dispersed them, and will bring them back to their pastures: they shall be fruitful and increase in numbers. I will raise up shepherds to look after them and pasture them; no fear, no terror for them any more; not one shall be lost - it is the Lord who speaks!

'See the days are coming - it is the Lord who speaks - when I will raise a virtuous Branch for David, who will reign as true king and be wise, practising honesty and integrity in the land. In his days Judah will be saved and Israel dwell in confidence. and this is the name he will be called: The Lord-our-integrity.'

The word of the Lord

Thanks be to God

Responsorial Psalm Ps 22

R. The Lord is my shepherd; there is nothing I shall want.

The Lord is my shepherd;
there is nothing I shall want.
Fresh and green are the pastures
where he gives me repose.
Near restful waters he leads me,
to revive my drooping spirit. **R.**

He guides me along the right path;
he is true to his name.
If I should walk in the valley of darkness
no evil would I fear.
You are there with your crook and your staff;
with these you give me comfort. **R.**

You have prepared a banquet for me
in the sight of my foes.
My head you have anointed with oil;
my cup is overflowing. **R.**

Surely goodness and kindness shall follow me
all the days of my life.
In the Lord's own house shall I dwell
for ever and ever. **R.**

Second Reading Ephesians 2:13-18

A reading from the letter of St Paul to the Ephesians

Christ, our peace, has made us one.

In Christ Jesus, you that used to be so far from us have been brought very close, by the blood of Christ. For he is the peace between us, and has made the two into one and broken down the barrier which used to keep them apart, actually destroying in his own person the hostility caused by the rules and decrees of the Law. This was to create one single New Man in himself out of the two of them and by restoring peace through the cross, to unite them both in a single Body and reconcile them with God. In his own person he killed the hostility. Later he came to bring the good news of peace, peace to you who were far away and peace to those who were near at hand. Through him, both of us have in the one Spirit our way to come to the Father.

The word of the Lord

Thanks be to God

Gospel Acclamation John 10:27

Alleluia, alleluia!

My sheep listen to my voice, says the Lord;
I know them, and they follow me.
Alleluia!

Gospel Mark 6:30-34

A reading from the holy Gospel according to Mark

They were as sheep without a shepherd.

The apostles rejoined Jesus and told him all they had done and taught. Then he said to them, 'You must come away to some lonely place all by yourselves and rest for a while'; for there were so many coming and going that the apostles had no time even to eat. So they went off in a boat to a lonely place where they could be by themselves. But people saw them going, and many could guess where; and from every town they all hurried to the place on foot and reached it before them. So as he stepped ashore he saw a large crowd; and he took pity on them because they were like sheep without a shepherd, and he set himself to teach them at some length.

The Gospel of the Lord.

Praise to you, Lord Jesus Christ



Next Sunday-Seventeenth Sunday in Ordinary Time

First Reading : 2 Kings 4:42-44

Second Ephesians 4:1-6

Gospel: John 6:1-15